



UKnight *in love*

Issue #2
February 2023

valentines day



Eyes on you

Our Bossies showed up and made sure! Our top four favourite senior fits for the Valentine's Day civvies were definitely with the drip.

First up we have Jennifer in Grade 12: her fit was copped on Shein and it gave baddie! The all-black ensemble represented her favourite colour and her mood towards Valentine's Day. Secondly, we have Mivuyo, also in Grade 12. He goes by the name Kassami and in today's era he is considered a luh twizzy; his fit matched the theme of love with the human heart on his chest. His fit was thrifted, which is basically limited edition.

One who also followed the luh twizzy theme was Ashton in Grade 11. He "woke up like this", quoting Queen Bee herself. His fit was also thrifted; it seems like everyone goes thrifting these days.

Another thrifter is Zeta in Grade 12. Her inspo was 'chilled but cute' and she definitely ate and left no crumbs. Our Bossies surely showed up and I trust they'll do the same for our next civvies day.

Valentines

By Lisa M

Today I went to the mall.
There were pink, red, and white balloons everywhere,
All the stores ready for the annual day of love.
Couples everywhere, while I walked alone.

This week it would be Valentine's Day.
The day that everyone was obligated to have a partner,
It didn't matter that you didn't really have feelings for the partner,
It didn't matter that you two barely knew each other,
What mattered more than anything was that you had someone to spend the
day of love with.

I've decided to spend Valentine's alone.
I know, quite the shock, right?

I don't feel like faking feelings for someone who didn't even like me,
I don't feel like indulging in the superficial rules set for February 14th

I'm comfortable with my own company.

This year I'm my own Valentine.
I've decided to choose someone I truly love as my Valentine.
I'll spoil myself, buy myself presents, and have the happiest time.

I don't need a partner to feel like I'm cared for,
I don't care that all my friends have made plans with their one-day partners,
I don't care that the world expects a day of romantic love from everyone,

I'll do what I want.

I will enjoy being by myself, because I love myself.
I will not bat a lash at being asked who's my Valentine.

This week it's Valentine's, and I plan to enjoy it to the fullest.

Couples have too much time

By Audrey Mulumba

I wonder about student couples. Especially those who always seem to be engaging in "couple-y" things together.

You know what I mean: the love letters written close to everyday, the random presents, the full on dates, and so on. My question is: Where do you, as a student, find the time?!

Maybe it's because I take a combination of Mathematics and Physics (as you know, people who take this combination are usually on the single side), but I barely have the time to watch TV or even text people. How do you have the time to go on full-on dates?!

I am also convinced that couples who write those long, almost royal style love letters, (multiple times a day!) must have the creativity and time of an Elizabethan artist or something. Most of us are killing ourselves over writing a creative 400 word essay, yet you are here writing 5 back-to-back pages of love poetry. How?!

The gifts, don't get me started on the gifts! Multiple chocolates here, a teddy bear there, where is this money coming from? When do you have the time to shop for a thoughtful, romantic gift on a school night?

There are other things, of course: couple drama, the constant texting, meeting each other between classes, etc. So many things to do, when do you study?

If you can maintain having a healthy, loving relationship in high school, as well as good grades, I commend you. Sure, you make me wonder if we share the same 24-hour day, but I will still clap for your efforts. You, my friend, know how to manage your time.



INTERSCHOOLS 2023

As I walked over the hill to the athletic field, athletes from Parow High School, Edgemoor High School, and Fairbairn College enthusiastically surrounded me - ready to start competing. Officials were taking their place and helpers were carrying equipment to the different events. On my left, learners from Parow were gathered on the pavilion where their cheerleaders were creating the buzzing sound of "my back's aching, my bra's too tight, my booty shaking from left to right". But sure enough, on my far right-hand side, the Bosmansdam Knights stood out among the rest, dressed in red, yellow and blue, armored and excited for a day of athletics.

Although it felt like the sun was cooking us from the inside out, the athletes' excitement was palpable and the anticipation for the day grew. Even though the participants were from different schools, different age groups, and competed in different events, it can be agreed that there was one goal in mind: to participate to the best of our abilities. And boy oh boy! Did the Bosmansdam Knights show off! Sitabile Mwangi competed for the very first time in the 100m hurdles U/19 and took first place, Ryan Simpson won the award for best U/19 male athlete, and Jonathan Kalalizi won the award for best U/15 male athlete. Our athletes stepped onto the podium time after time, and we are so proud of each of them. They really shone their #knightslight for all to see.

With great help from our friends at Connect Academy, Bosmansdam was geared with excellent medical care for cramps, injuries, or just a lekker massage after a long day. The talented men from Connect turned heads as they ran in the teacher's relay and, of course, our athletes were accompanied by our caring teachers, Mrs Ford, who was a timekeeper, Mrs Kristen Coetzee, who assisted at shotput, Mr van Wyk, who assisted at the high jump, Mrs Szafraniec as our photographer, and Mr Barnes and Miss Erasmus as the team coordinators.

This event is just a minor indication of the potential that lies ahead, and we look forward to an eventful and exhilarating 2024 athletics season!

Ms M Erasmus





Long live and prosper



Ms Suzette van Wyk was our bursar for the past five years but is now pursuing new (ad)ventures. Ms van Wyk was a pivotal part of the school's welfare and, alongside our then Principal, Mr Human, she ensured that all our SGB members of staff were looked after during the pandemic.

She leaves a Suzette-shaped hole in our hearts, but we know it's not the last we'll see of her.

Farewell!

A lover of all things Disney, Miss Mars has come to Bosmansdam to teach Natural Sciences and Life Orientation. Miss Mars has an extensive educational background with a Bachelor's of Arts at UWC and a PGCE at UCT. She enjoys taking her beloved pitbull on walks, watching movies on Netflix in her spare time and indulging in all types of Asian food. Her dream is to go and travel all over the continent of Europe. It is good to note that even though her first day here was a bit overwhelming, she felt very welcomed by our staff and her new students. The class of 12C are very glad to have her as their register teacher for now and the rest of the school welcomes her too.



Miss Laura Mars
(Natural Sciences)



Our two resident artists, Simona Scuotto and Providence Gumbo, from the Canva Design Club, created a unique awareness campaign to promote our school's Anti-Bullying campaign.



TROLLS

By Cheyenne

Not the fun ones in the movies, but the anonymous bullies on the internet.

Bullying is a worldwide problem that most teenagers have dealt with at least once in their lives. Trolls create havoc online with no regards to the effect they have on teenagers' mental and emotional state. Bullying can cause issues such as low-self-esteem, insecurities in teenagers. Bullying can also cause serious psychological problems like depression, social anxiety, and suicidal thoughts to occur in teenagers.

Instructions on how to report or block someone online:

When reporting a bully or a troll on the internet, tap on the person's profile to go into the account, there will either be an image of three dots or a flag. Tap on the flag or dots and it will give the option to either block or report the person.

How not to be a troll:

1. When giving your opinion on a matter put in a positive way, do not be rude about it.
2. Do not judge people
3. Do not body shame
4. Do not make fun of a person's living situation
5. Speak kind words and you will receive kindness in return

Review of The Picture of Dorian Gray By Audrey Mulumba

The Picture of Dorian Gray, written by Oscar Wilde, is a tale of the beautiful Dorian Gray whose portrait gives him the opportunity to remain forever young and beautiful, even while he commits the most heinous of sins.

The novel is the prescribed literature for Grade 12 English Home Language and it is said to be a very appropriate choice. The book is a true elevation from the books of previous years, both in writing skill and themes.

It is important to note the novel's relevance to a modern audience. It investigates the themes of aestheticism and how we, as a society, obsess over beauty, youth and all that glitters. With the rise of social media platforms like Tik Tok and Instagram, as well as the popularity of "aesthetic shows" like Euphoria, the search for beauty in the ugly is rampant. We all appreciate beauty and reward it, even if it is to our detriment.

This idolisation of beauty, its consequences, is a prevalent theme in The Picture of Dorian Gray. All that glitters is not gold. Beauty often hides darkness. The novel attempts to make us question the "eye of the beholder."

Highly introspective, a social commentary, the book is timeless and a definite must read for those who love gothic literature.





William has been chosen to represent Western Province Under 15A team as Skip for this years inter-district tournament in Bloemfontein from 3 - 6 April 2023.

WOW!

GOOD LUCK!

Zoe Coetzee achieved her Western Cape Colours in dance for the 2022 year, along with qualifying to represent South Africa overseas in 2023. She will be representing South Africa in Croatia at the spectacular Dance Star Event.

We are a little late to report on her wonderful achievement as it was bestowed in December last year already, but we are tremendously proud of her for this magnificent accomplishment. Well done Zoe! We are proud of you and hope to see your name in lights one day!



Give credit where credit is due

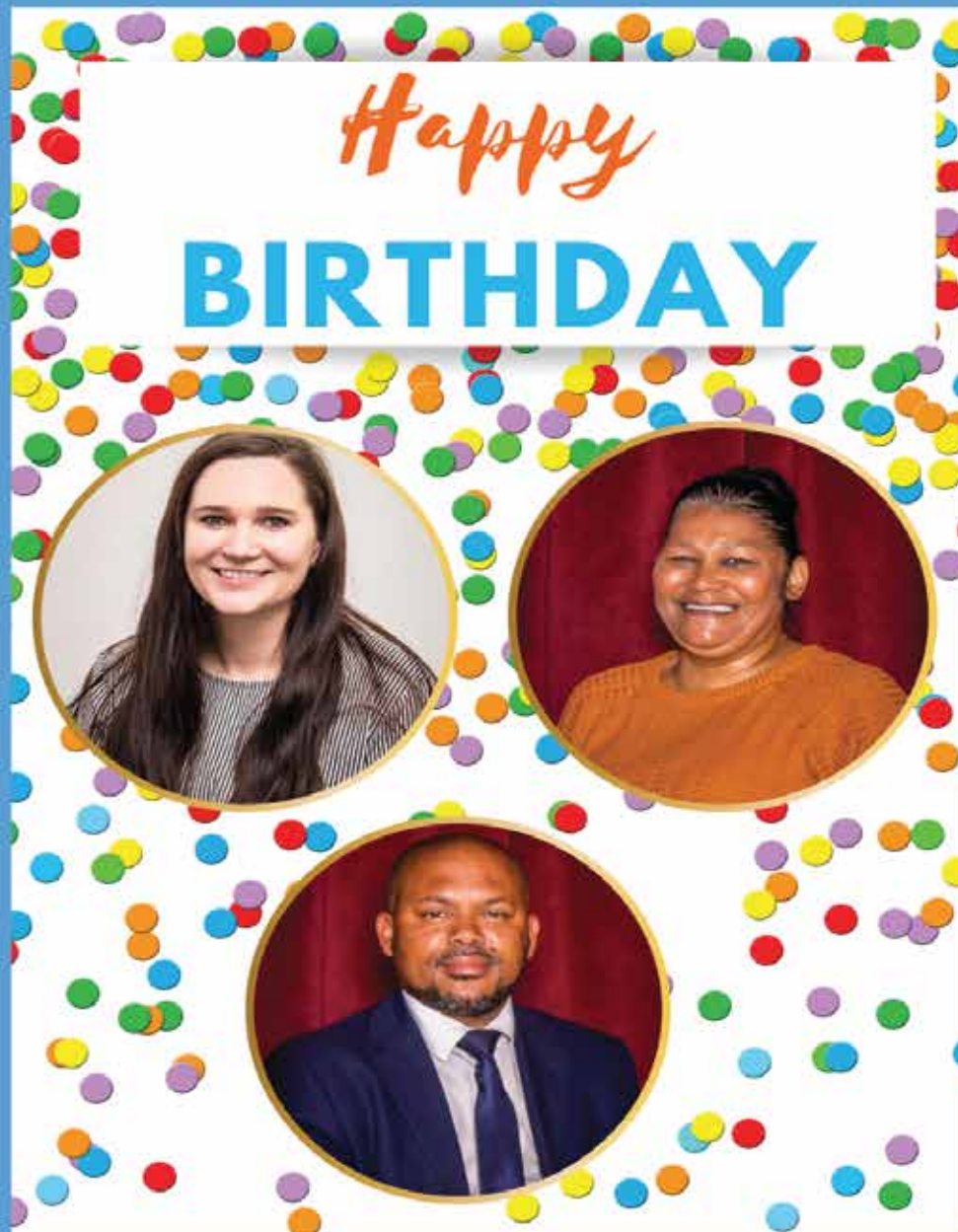
There is a lot that happens during the 43 weeks of school every year. Learners are introduced to new subject matter and ideas, which they must study and master. They also complete multiple assessments each term and sit for examinations at the end of the year to round it all up.

In between classes, homework, doing projects and studying, they also pursue passions like sport and culture. Many students even fulfill additional duties like leadership roles and community work. And so, there REALLY is a lot that happens during the course of the year.

Knights, you work hard ... and we are so glad we can honour you and your hard work at an event like the prizegiving. It is a privilege to teach you and to see you excel.

Keep up the hard work!





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FIBRE INTERNET

EASTER EGG DONATIONS

The Interact Club is collecting easter eggs for a new project.

EASTER EGG HUNT

ALL EASTER EGGS DONATED WILL BE USED
FOR THE EASTER EGG HUNT PROJECT
WHEREBY MEMBERS OF THE INTERACT CLUB
WILL BE HOSTING AN EASTER EGG HUNT AT
THE DURBANVILLE CHILDREN'S HOME.



"We make a living by what we
get, but we make a life by
what we give." - *Winston
Churchill*



More information

ALL DONATIONS CAN BE DROPPED
OFF IN MS FOURIE'S CLASSROOM
(F5) BEFORE SCHOOL, DURING
REGISTER, BREAKS AND/OR AFTER
SCHOOL.



OFF AND RUNNING!

Are you ready for winter sports?

Connect Performance have partnered with Bosmansdam High School with one mission: to help take you Knights to the next level.

We were blown away to have more than 150 of you taking part in our six-down touch rugby sessions and games since term started, as well as our skills and development training activities.

That includes more than 30 girls trying out rugby at the school for the first time, something we'll be developing over the coming months.

Our coaches enjoyed working with all of you that joined in with the interhouse sports events, as well as those of you that went on to compete at interschools athletics in Parow – congratulations to all of you that took part and we look forward to working with you on your athletics throughout the year, leading into next summer.

It's not too late to get involved in the winter season, so come on down to team training for each grade on Tuesdays and Thursdays, as well as coming to see us in the gym to see how we can help to get you involved, especially if you are new to sport or haven't played in a long time.

Storming start for stars Senatla & Nel

If you sign up for a subscription, whatever your age, ability or sport, you'll be training alongside some of South Africa's very best athletes.



We have an exciting run of pre-season rugby and netball fixtures coming up this month, with the West Coast Festival, Brackenfell Sports Day and the Knights Netball Day all taking place in March.

A big welcome to all of you who have signed up for a Connect Performance subscription already, giving you access to our daily group gym classes before and after school, as well as extra sessions with our coaches to boost your chosen sport.

NEXT LEVEL LO-ADING...

Connect is even on hand to help with Life Orientation, working with all 27 classes across all five grades in the first term. Don't forget your kit!



SIGN UP NOW

For only R250/month or R600/term



Call / WhatsApp: 086 257 3626.
Web: connectperformance.co.za.
Visit: Gym between A field & school gate.

March Planner



MON.	TUE.	WED.	THUR.	FRI.	SAT.	SUN.
6	7 DE BEERS ENGLISH OLYMPIAD EXAM	8	9 TEST SERIES STARTS	10	11 KNIGHTS' NETBALL DAY	12
13	14	15	16	17	18 WEST COAST FESTIVAL	19
20 SCHOOL HOLIDAY	21 HUMAN RIGHTS' DAY	22	23	24 TEST SERIES ENDS	25 BRACKENFELL SPORTS DAY	26
27	28	29	30	31 SCHOOLS CLOSE!		