

uKnight

30 September
Issue 14

SCHOOL IS OUT!

SCREAM AND SHOUT

Content and contributors

1. Matric Council 2023
2. Last(ing) memories
3. The Start of Something New by Cleo Warner (Matric Council Chairperson 2020)
4. Grade 11 Provincial Business Studies Quiz by Tasheni Makwinija
5. Lucky number 7 by Clinton Barnes
6. Despite a changing world, bullying is still prevalent in schools by Tasheni Makwinija
7. Heritage Day
8. Legacy project by Ms Janse van Rensburg
9. Past pupil page
10. 3 ... 2 ... 1 ... GO!
11. Knights of Honour
12. October Planner

Designer: Ms du Plessis

Editor: Ms Szafraniec

MATRIC COUNCIL 2023

Without further ado, we proudly present the newly elected
2023 Matric Council:

ALIX FORTUNE
AUDREY ZENGONI
CARLA VAN RHYN
CODY JONES
DANIEL DIXON
EMIHLE MANDITA
EYA ZATU
KEVIN SALIE
LIMPHO MOSIA
LIYABONA SIKHAHLA
MEEKA LINDERBOOM

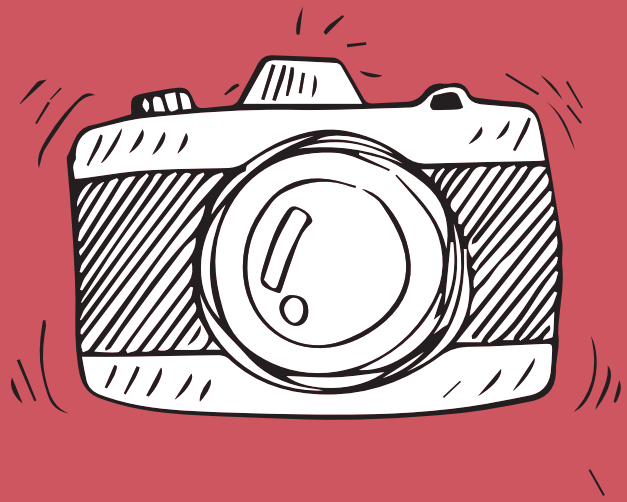
MICHAELA GRUNDMAN
NAEEM ADAMS
NICOLIS BRAND
OLWETHU KOBA
PRAISE GADHA
SETH GODBOLD
STEPHANIE WILLIAMS
TASHENI MAKWINJA
TINO MAZARIRE
UYABUKWA MTOMBENI



These learners have been tasked with the important duty of representing their peers, whilst also honouring the school and setting an example worthy of being emulated.

Congratulations, Knights! We are so proud of you and cannot wait to conquer 2023 with you - here's to greatness and success!

Last(ing) memories



This time of year is always bitter sweet ... the excitement of a new beginning beckons while the last, pressing moments of examinations and a final goodbye also loom. However, all of these times contribute to making memories that will last a lifetime! The Class of 2022 has made the most of this term, enjoying all the fun events and activities the school had to offer but also celebrating themselves and their last days with a few specially chosen activities. They had a gender-swop uniform day and a lovely rainbow picnic ... and then marched into their preliminary exams. Thank goodness that's over now! Life is all about balance, isn't it? On that note, bring on the Matric Farewell and Finals!



The Start of Something New

If you told me a few years ago that I would be sitting in a lecture (about something that I could have read by myself) in a student town (which has become my new home) writing this to you, I would have laughed. I would have never thought that I could live away from home and enjoy it, leaning into my independence, making new friends, and jumping into adulthood with my eyes closed. I don't think I gave myself the chance to think about what university life would be like for me, besides the urgency of being accepted into my choice of degree at a university of my choosing.

You are all getting ready for what seems like the greatest race of your schooling lives – twelve years of learning has led up to these next two months that will be filled with late nights and early mornings, more coffee than what is healthy for your body and countless tears that you don't have time to let fall. But as you read this, unclench your jaw, take a deep breath in, and know that you have got everything you need within you to succeed. You have already done the work; the foundation has been set and formed for you to walk on. Now, all you have to do is take that first step.

The step that follows that one and on and on and on. So, what happens after you get your results? Well, you have reached the culmination of your schooling career. The ink on the printed yellow and green page will be held by your anxious hands and tell you how much of your hard work has paid off. For some, it will have been everything you have worked for and more and for others, you may be met by slight disappointment – but do not let this feeling anchor you down. If there is anything that I have learnt since my schooling days, it is that your academic success does not define you at all. All throughout my schooling career that was my defining quality. It was what I used to measure my worth – the A's I received on a history paper or finally understanding the analysis of an English poem, but looking back? I don't remember the importance of any of it and I know now that my academic success is not synonymous with my worth.

What I do remember is the support I received from those teachers and the belief they had in the success that we as a class would reach. So, take the support they give you and hold it in your heart for years to come and if failure finds you (as it does for all of us) remind yourself of the army that roots for you. I won't lie to you, finishing school is just the beginning of a tough journey. Whether you choose to study or work, there will be a multitude of challenges and mountains to face – school never really prepares you for any of it. What I can say is that you choose whether or not you climb those mountains – you may be bare foot or have no gear but it's the conscious decision you make that you need to move forward that will get you through. In between the tough moments and bad days that seem never ending, you will laugh with your friends from high school about the good old days or make new ones on the adventures you pursue. Either way, life is (from the little I've lived so far) a balancing act of good and bad, laughs and tears and everything in between.

From one knight to another, your duel may almost be over, but another adventure awaits on the horizon. You've got this and best of luck,

Grade 11 Provincial Business Studies Quiz

Tasheni Makwinja
Uyabukwa Mtombeni
Limpho Mosia
Praise Gadha
Rukudzo Dzimiri
Lilitha Zoya
Jenna Syed
Tamica Bothman



The Provincial Business Studies Quiz Competition was a rollercoaster of emotions as we had our fair share of ups and downs. The eight of us were so excited when we found out we had made the Top 50 and would be taking part in the Finals on Saturday, 17 September. We received a thick stack of study notes from the WCED; it consisted of six rounds and 88 pages! This did not phase us as we plowed away studying, we even had a little study/cram session the day before the competition. Mrs Adonis, who was with us during the session, saw how stressed and uneasy we were, and she gave us a motto for the next day: #NOPRESSURE.

The day of the competition arrived; some of us had been up through the night and others were up as early as 3am for that last push. We met at school at 7am, gave Mrs Neethling the necessary documents and were off. The bus ride there was so quiet as we all had our faces planted in our notes. The only thing that was apparent was that Round 2, the Business Operations round, was where the danger was. As we arrived at Bellville Technical High School, we immediately started looking around, trying to see the competition. We weren't quite sure if some of them were really in Grade 11. As a matter of fact, we started panicking. The thing that kept us going was Mrs Adonis's motto. We were so relieved to find out that not everyone there was taking part in the business competition – this was astounding news as it meant less competition. There were competitions for many different subjects.

The competition consisted of six rounds and we had a 10 minute break between each round to quickly consult our notes. Each round got tougher and tougher, but we continued to give it our all. Our biggest supporter and confidence booster was Mrs Verwey. She was with us throughout the day and encouraged us after each round. Her encouragement came by word of mouth, and even some McDonald's burgers.

After the last round we anxiously waited for the results; we were hoping for all 8 of us to be in the Top 10. Although only two of us managed to make it, we are all proud of ourselves for our achievements. Tasheni and Limpho achieved the number 1 and 2 spots in Metro North! Overall it was an amazing and exhilarating journey. Though challenging at times, it was totally worth the effort.

I would recommend the next class of Grade 11s to participate.

We would like to thank Mrs Adonis, Mrs Neethling and Mrs Nel for all their input. Our special thanks goes to Mrs Verwey for taking time out of her weekend to come and support us.



Lucky number 7

On Saturday, 3 September 2022, we hosted our first ever 7s tournament, and so the uKnight2Connect 7s Tournament was born. There were 26 schools and 42 teams in attendance and the day was great success – to say the least!

Along with our partners Connect Academy, it was our honour to host this special maiden event. The day was jam-packed with game after game of excitement and competition but the greatest pleasure was seeing our youth united, connected and empowered through doing what they love. The cherry on top was that our own Connect Knights team won the u.19 Cup Finals!

This is just the start to a wonderful partnership full of new adventures and opportunities and we cannot wait to do it all again next year! We would like to thank our community of parents, businesses and supporters for contributing to the success of this tournament – we could not have done it without you!

Our boys also had the privilege to play in the Marius Schoeman 7s Tournament held at Paarl Gimnasium High School. It was an excellent experience and valuable exposure for our boys as they got to play against elite teams. The results did not go our way all the time but it was a great outing.

The u.15 team did not start off that well but as the tournament progressed, they got into the swing of things and ended up winning the last game. The u.17s started with a bang and won their first game. They took on Paarl boys in the second game and narrowly lost by two points. The rest of the tournament did not pan out in our favour but we are looking forward to next year where our Connect Knights will be more prepared to take on the elite schools and achieve the results we want.

Upcoming fixtures for Connect Knights 7s
1 and 2 October: Knysna 7s Tournament
15 and 16 October: Frogfoot 7s Tournament





Despite a changing word, bullying is still prevalent in schools

**Sticks and stones may break my bones
But words can also hurt me
Sticks and stones break only skin
Where words are ghosts that haunt me**

**Pain from words has left its scar
On mind and heart that's tender
Cuts and bruises now have healed
Its words that I remember**



Although the word is constantly changing and moving forward, there is still one thing that remains one of the biggest problems in schools around the world, that is ... BULLYING. By definition, bullying is when someone aggressively uses their "power" to target another individual with repeated, unwanted words or actions. This could be kicking, punching, slapping, pushing, belittling or even social humiliation. Bullying has been around as long as children have been going to school.

Today's world has undoubtedly been made smaller by technology and new age problems have been born. Although technology has a lot of benefits, it also comes with a negative side. It has given birth to ... CYBERBULLYING.

Cyberbullying refers to the use of electronic communication to bully a person, typically by sending messages of an intimidating or threatening nature. This kind of bullying occurs mainly on social media platforms such as Instagram, Facebook, Twitter, TikTok and WhatsApp. As everyone is caught up on the social network, it makes it very easy for anyone to misuse this access. In other-words cyberbullying has become very common nowadays.

Cyberbullying is not a light matter and needs to be taken seriously as it has a lot of dangerous effects on the victim. A few of the adverse effects of cyberbullying are depression, anxiety, low self-esteem, self-harm, decreasing grades, suicidal thoughts or even acting upon the latter. This is just to name a few. As a former victim of bullying myself, I can testify that being bullied is not a great feeling at all. It is literally one of the worst predicaments for anyone to be in. No one deserves to be bullied - especially not about things that they cannot change or that are out of their control.

Here are a few ways to try to avoid cyberbullying:

DO NOT share personal information online

AVOID posting explicit photos of yourself on social media

NEVER discuss personal matters online

And most importantly, NEVER share passwords, accounts and personal details with anyone

Awareness is the key to prevent online harassment and we need to educate ourselves and be cautious at all times when we are on social media platforms.

In summary, cyberbullying has very damaging consequences to individuals. It disrupts school life, causes great emotional damage and may have fatal repercussions. Though technology has brought new opportunities for students and teenagers, it is important that everyone learns to use it responsibly.

**STOP
BULLYING**



LEGACY PROJECT – MATRIC COUNCIL 2022

The Matric Council of 2022 identified seating for our students as their legacy project in 2022. Numerous previous student bodies have identified this as a goal over the years. And now, thanks to the generosity of the SGB, we finally have seats!

The unique seating was manufactured from wastecrete by World of Decorative Concrete. Wastecrete is the brainchild of Johan Coetzee, the founder of World of Decorative Concrete and Stucco Italiano.

In 2021, Johan applied his knowledge and experience with construction materials in an innovative way and Wastecrete was born a year later.

Wastecrete products have a much smaller carbon footprint due to their dependence on existing waste products to produce a new, useful item.

The result is the creation of a circular waste economy, where local waste is used to manufacture local building materials and thereby create jobs in the local community – and all this from items that would otherwise have ended up in landfill.

The seats are fireproof, damp-resistant, strong, light enough to move, yet sturdy enough to endure all weather conditions – an environmentally friendly product in keeping with our school's ethos.

Bosmansdam High School truly has a first-in-the-world!

So, what are you waiting for? Take a seat!



World of
Decorative Concrete

Past pupils, do you want to get involved?
Drop us an email on projects@bosmansdam.co.za



3 ...

2 ...

1 ...

GO!



Want to be involved in motorsport but don't have a race vehicle?

Saturday, 8 October 2022 is an exciting opportunity for motorsport enthusiasts who want to become involved in racing events to attend an Open Day for Officials in the Clubhouse at Killarney International Raceway ("Killarney").

The day will showcase the ways in which you can become involved as a motorsport official at events at Killarney. These interactive exhibitions present the opportunity to get more information on a range of opportunities in Race Control, Scrutineering, Marshalling and Commentating. The programme begins at 12:30pm and includes presentations in the Clubhouse on the various facets of motorsport, followed by a tour of the facility to see the officials at work first-hand, as there are several motorsport events taking place on the day. Volunteers are the power behind any motorsport event and are vital in ensuring the safe and effective running of all events. Each event has a basic structure consisting of various positions which are mostly held by volunteers. These include Clerk of the Course, Stewards, Environmental officers, technical consultants and scrutineers, Marshals (Flag, paddock, track including fire and safety and radio), start line officials and commentators. Prospective officials will receive training in the field of their choice and, while the positions are purely voluntary, they will receive official clothing and a stipend for each event at which they officiate.

Any person aged 16 years and above is eligible to participate; becoming an official at Killarney is an ideal way for young people who are enthusiastic about motorsport but who lack the means to compete to become part of the action – up close and personal!



Knights of Honour Term 3

Sopatie Ilunga

We honour you for your big, bright smile that brings instant cheer, as well as your liveliness and positive contributions to a learning and teaching environment.

Thank you for being respectful and caring too!

Jean du Randt

We honour you for your willingness to help and for being a true gentleman.

Ruben Terblanche

We honour you for your loyalty to the school as well as your positivity and willingness to help.

Carlo Maasdorp

We honour you for your helpfulness and positive attitude

.

Kaytlin Adlem

We honour you for your enthusiasm and willingness to help.

Ryan Gilfillan

We honour you for your beautiful manners, hard work and for appreciating your teachers.

.

Dewald Bosman

We honour you for your enthusiasm and willingness to help.

Ethan Udekwe

We honour you for your always pleasant, well-mannered and helpful demeanour.

Awonke Maki

We honour you for your attentiveness and well-mannered behaviour.

Asante Kunene

We honour you for your friendliness, beautiful manners and willingness to help.

Matthew Abrahmans and Hlumelo Nodliwa

We honour you for your support and lending a helping hand at netball matches by keeping score and time.

Tristan Smith

We honour you for your hard work and exceptional academic progress.

Tylin Paich

We honour you for your dependable involvement and helpfulness with the eco garden and @Readit.

Please collect your Badge of Honour from Ms Szafraniec in Term 4



October Planner



MON.	TUE.	WED.	THUR.	FRI.	SAT.	SUN.
3 H	4 O	5 L	6 I	7 D	8 A	9 Y
10 PACK YOUR BAG ...	11 SCHOOLS OPEN	12	13 GRADE 9 SUBJECT CHOICE EVENING	14	15	16
17	18	19 PRESTIGE PRIZE GIVING	20 VALEDICTORY	21 GRADE 12 PLEDGE CEREMONY	22	23
24	25 GRADE 8 2023 PARENT EVENING	26 GRADE 9 SYSTEMIC TESTS	27	28 HALLOWEEN CIVVIES 	29	30

Fruits

